

# THE Naked CAREER

## **Chapter 1** **Are you playing hide and seek?**

As children we learn to discover by curiosity. When we mature our curiosity is stifled by our past conditioning, frequently associated with work and relationships. Often we hide under the security of a perceived safe place. When that safe haven is removed, our tendency is to seek out another safe place for fear of taking risk and/or ending up a failure.

These safe places are often disguised as job security, like following a career similar to our parents'. Yet, to seek out our hidden career potential, we must search outside the obvious.

As we progress in life we experience many transitions. These can be foundation changes after such events as redundancy, bereavement, career redirection, etc. You cannot go through life without any transitions, as they are often the ending of a phase and the beginning of another.

To seek out the ideal career path usually involves a lot of soul searching with no one person to direct you. If you are hiding from your career potential, it will only be released when you discover the inner courage to follow your passion. Your passion is recognized only when the confidence to "pass I on" is unshakeable in the path of any adversity. Many people will be constantly challenged to re-assess where they are going in life in a rapidly changing world. In fact right through their life journey. It is the journey that gives us the experience. Sustaining motivation and drive ensures chosen career opportunities can be realized.

Are you hiding from the choice to have the lifestyle you deserve simply because you are afraid? Careers are the catalyst in life for the freedom in your lifestyle to be, have, and become what you are capable of becoming.

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We seek freedom through:

Mind

Health

Fulfillment

Fun

Leisure

Beliefs

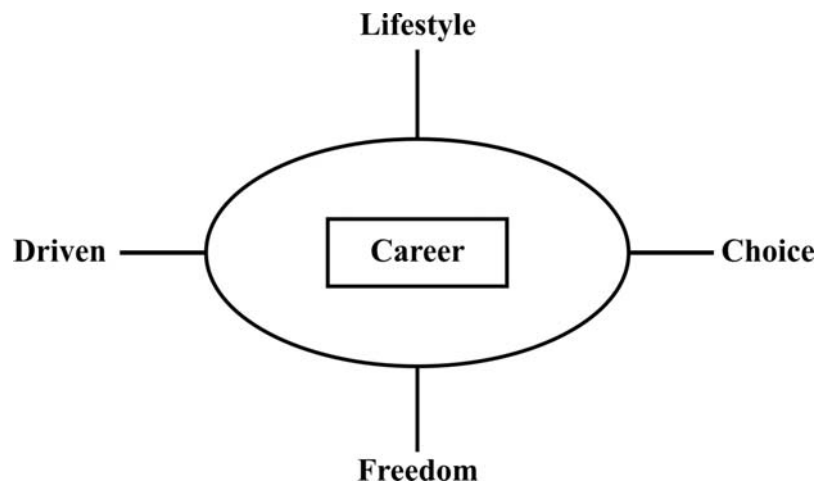
Love

Relationships

Wealth

This book is about being driven to make the changes that will give you lifestyle freedom through the best career opportunities.

It seems inevitable as we progress, that life will present challenges on many fronts. These can be social, economic, technological and / or financial. While these can create stress, they help also in the search to identify with some life purpose. This can be revealed through personal development and life skills. It is only after crystallising one's life purpose that we can move towards real freedom and contribute our full range of talents to the world.



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Many of us have dreams and desires that are never accomplished simply because we don't take the time to acknowledge who we want to be. The amazing reality is that once this knowledge is gained, all things are possible and we no longer need to hide. At this point we can express and find ways to support ourselves freely. This way we are not playing hide and seek with the reality we must face.